

March 4, 2026 – God’s Promises for Your Every Need

Theme – What To Do When You Feel Discouraged

Discouraged – *deprived of or lacking in courage, hope, or confidence.*

⁹ Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God *is* with you wherever you go.” Joshua 1:9

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹ Put on the whole armor of God, that you may be able to stand against the wiles of the devil. Ephesians 6:10

1. How would you describe what it means to be discouraged?
2. What has helped you to get out of the pit of discouragement?
3. Read today’s verses on **What To Do When You Feel Discouraged** on pages 74-78.
4. In looking at this list of scriptures, how can these verses help you develop your courage in the Lord?
5. See Psalm 42, How does the Psalmist deal with discouragement and depression? What should we do when going through a season of discouragement like this?